

UNIVERSITY HEIGHTS NEWS

The official newsletter of the UNIVERSITY
HEIGHTS COMMUNITY ASSOCIATION
Spring 2019



2019 AGM Update & President's Message

Dear Friends and Residents,

At our last AGM in February 2019 you may have noticed a change in our voting procedures. Instead of voting for individuals to take specific roles, like President or Vice President, we elected a board of directors, who in turn, formed a board. We actually returned to the voting procedure that is specified in our bylaws (last revised in 1993).

Returning to our bylaws is not only legally correct but it has a number of advantages. First, it provides a greater degree of flexibility and continuity for the community association as individuals can take on roles that match their interests and board members can move into different roles based on their talents and availability. Second, it had made it easier to recruit new members because there are many good people who want to contribute to the community and a director position allows an individual to help when they can without having to commit to a specific role. I am pleased to report that 5 new members joined our board: Patricia Muir, Mili Rowse, Andrea Trainor, Keir Pittman, and Karen Winchester bringing the total board membership to 13. Third, there is a greater emphasis on consensus decision-making. We are all equal on the board of directors united in a common goal of improving University Heights.

This year I have the privilege of being chosen by the directors to continue as the President of the Community Association, a role that I have served in since 2012. A lot has happened in the last seven years but a few goals have remained consistent.

Together, I believe we have worked hard to advocate for development that is in the



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AGM UPDATE (cont'd)

UHCA NEWSLETTER ARTICLES & ADVERTISING

Do you have an article idea or photos that would be of interest to your neighbours? We would love to hear from you!

SUBMISSION DEADLINE:
15th of each month
Please forward submissions to:

newsletter@UHCAcalgary.org

BUSINESS & SERVICES ADS

Advertising Rates*:

Back Cover - \$350/issue (Colour)
Back Cover - \$220/issue (B/W)
Full Page (Inside) - \$200/issue
1/2 Page - \$140/issue
1/3 Page - \$100/issue
1/4 Page - \$80/issue
Business Card Size - \$40/issue

Classifieds Ads**

5 lines - \$12 per issue
3 lines - \$5 per issue

* Ask about discounts for non-profits

**Free for UHCA members

PAYMENT IS REQUIRED BY SUBMISSION DEADLINE

Contact

advertising@uhcacalgary.org

For quality reproduction, please ensure that all graphics are provided at high resolution (e.g. 300 DPI).

best interests of all community stakeholders. In 2013, more than 200 members of our community went to council to express our concerns about an area redevelopment plan. Although we were not able to convince the City to limit density, we were able to persuade Council to accept 14 amendments that improved traffic flow, transit accessibility, and preserve green space which cumulatively mitigated many of the negative impacts of density. Members of our community association worked tirelessly to help influence and improve new developments around us such as University District, the temporary parking near the Alberta Children's Hospital and the Calgary Cancer Centre.

The main focus of the community association over the last 7 years has been to strengthen community partnerships within our community and with communities whom we have a common interest. Our partnership with the Foothills Mennonite Church has been extremely successful. It has resulted in numerous joint projects including a Dance and Movement program that is going into its 5th year and more recently a project to offer free ESL classes. Our community is very grateful to the Foothills Mennonite Church for allowing the use of their space for community meetings, information gatherings and potlucks.

We also continue to have a voice in planning through our community's representation in the South Shaganappi Strategic Planning Group. We have developed strong relationships with communities around us including: St. Andrews Heights, Parkdale, Montgomery and Varsity.

Looking to the future, we have a new board that is energetic and excited to serve our community and extend our partnerships. We will strive to continue to build relationships, be good stewards of our financial resources and improve communication with our residents. If you have any comments or ideas to improve our community, please do not hesitate to contact me at President@uhcacalgary.org.

Respectfully yours,

Peter Khu, President
University Heights Community Association

KIDS PROGRAMS - SOCCER

2019 Soccer – Register online!

UHCA offers local children opportunities to play on recreational soccer teams from U-4 to U-12

Who: Residents of University Heights, Varsity Courts, Boardwalk Village, St Andrews Heights, and other interested players

Note: A valid University Heights or St. Andrews Heights Community Association membership is required to register. Community membership (\$20.00/1 yr or \$40.00/2 yr).

Child Born in:

2015 - 2016 U-4 (mixed boys and girls team)

2013 - 2014 U-6 (mixed boys and girls team)

2011 - 2012 U-8 (mixed boys and girls team)

2009 - 2010 U-10 (we may offer an all boys and an all girls team or one mixed team)

2007 - 2008 U-12 (we may offer an all boys and an all girls team or one mixed team)

FEE FOR SOCCER:

U-4, U-6 \$50 (includes T-shirt)

U-8 \$70 (includes T-shirt)

U-10, U-12 \$85.00 plus \$30.00 uniform purchase

SCHEDULES:

UHCA Annual Community BBQ & Soccer Wrap-up

Come out to our annual Community BBQ and Soccer Wrap-up and enjoy time with your friends and neighbours.

Details:

Date: Sunday, June 23, 2019

Time: 11am – 2pm

Location: Next to University School

More details to come closer to the event!

SEASON RUNS FROM MID-APRIL TO THE END OF JUNE

UHCA runs a COMMUNITY SOCCER LEAGUE (The general emphasis at this level is fun and participation. It is a recreational league.)



KIDS PROGRAMS - SOCCER

Team	Days	Times	Field Locations	Dates
U-4, U-6	Wednesdays	6:16pm-7:15pm	University School	April TBD - June TBD
U-8	Tuesdays (Games) / Thursdays (Practice)	6:30pm-7:30pm	University School	April TBD - June TBD
U10	Tuesdays (Practice) / Thursdays (Games)	6:30pm-7:30pm	University School	April TBD - June TBD
U-12	Tuesdays (Practice) / Thursdays (Games)	6:15pm-7:30pm	University School	April TBD - June TBD

Due to the community needing to submit the team lists to the game scheduler, after March 22nd, registrants in the U8, U10, and U12 levels cannot be guaranteed a position on a team.

KID REFEREE/LINESMAN PROGRAM:

Kids 12 yrs and above can participate in this program. Kid Referees will be required to attend two training sessions, pass a written test on rules, practice-refereeing games and pass a practicum game prior to becoming accepted. Kids get paid for their services.

For more information contact UHCA soccer coordinator by email at soccer@uhcacalgary.org

UNIVERSITY HEIGHTS COMMUNITY SOCCER PROGRAM IS PROUDLY SUPPORTED BY: UNIVERSITY SCHOOL & TIM HORTON'S TIMBITS PROGRAM



Call for submission

Have you lived in the community for years? Did you grow up in University Heights? Or just have interesting stories from your time in the community? We are looking for stories from University Heights past to feature in upcoming issues of the newsletter.

Email them to: newsletter@uhcscalgary.org

YOUR UNIVERSITY HEIGHTS EXPERTS

The dynamics of University Heights are different than what you will hear in the news, or from your friends and colleagues. Please know we would love to be your resource for all the following and more:

- ✓ *If you are planning to sell and require a home evaluation*
- ✓ *If you are looking to do a renovation and want to see what provides you the best bang for your buck*
- ✓ *If you are unsure about your property tax assessment and want a quick market assessment*
- ✓ *If you are looking to trade up or down into the community and want to know what we have off market for you to consider*
- ✓ *If you aren't planning to sell but would like your home on a list for our perspective University Heights buyers.*



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REALTOR®

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REDLINE
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Who you work with matters.™

Community Programs - Seniors

Seniors Movement and Dance

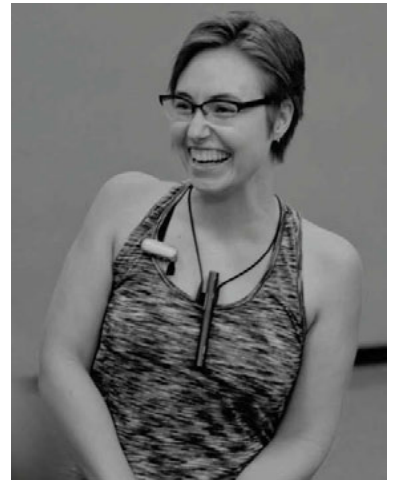
Each drop-in session uses movement and dance to promote participants' health. A sense of community is fostered among participants of all levels of ability ranging in age from 60 - 85+.

Date: Wednesdays (we break over Christmas and for the summer)

Time: 9:30 - 10:30 a.m.

Where: Foothills Mennonite Church, 2115 Urbana Road

Cost: a \$3 minimum donation is requested to defray the instructor cost (we are grateful that the Mennonite Church kindly provides the space at no charge).



Our very highly rated
instructor, Krista

We also take turns bringing a treat for the optional social time after class.

The program was developed with the support of Anne Flynn, Professor Emerita (Dance) in the University of Calgary's Faculty of Kinesiology and started in September 2015.

A survey of program participants found:

- 100% wanted the program to continue
- 93% met new friends/connected with others

Questions?

Who is a senior? Participants are generally 60 - 85+.

I'm not much of a dancer - you mentioned dance? You don't have to be much of a dancer to enjoy the class - honest!!

What are the benefits of participation? The program provides a great opportunity to get out of the house, build community and get healthier.

Do I need to RSVP? No - just show up in comfortable clothes suitable for low impact activity. In the winter we don't wear wet footwear in the church basement.

Additional questions?

Phone (403) 284-3807 and leave a message.

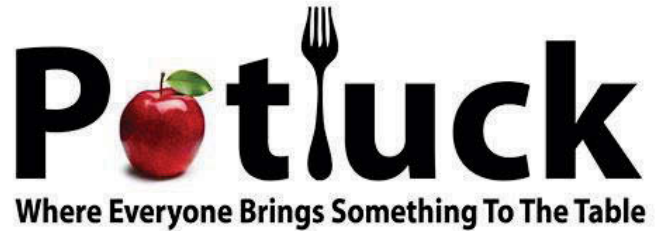
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Email them to: newsletter@uhcscalgary.org

Community Events

UHCA Annual Spring Potluck Communal Meal

University Heights residents are all invited to our **Spring Potluck** (Communal Meal) on **Sunday April 7, 2019** from 5pm to 8pm at Foothills Mennonite Church (2115 Urbana Rd NW).



Please bring a “family sized” serving of food to share, such as a salad, dessert or a main course. It would be incredibly helpful if you could RSVP so that we have an idea on numbers. We are also looking for some set up and take down volunteers – if that’s you (or for questions or to RSVP), please email Volunteer@UHCAcalgary.org. We look forward to an evening of great food, good fun and connecting with our neighbours.

Details:

Date: Sunday, April 7, 2019

Time: 5pm (eating about 5:30)

Location: Foothills Mennonite Church (2115 Urbana Rd NW)

What to Bring: “family sized” serving of food to share

RSVP or Volunteer: Volunteer@UHCAcalgary.org

Do you have soccer equipment that your kids have outgrown? Bring it to the Potluck!

WE WILL BE HOSTING AN EQUIPMENT SWAP FOR THE UPCOMING SOCCER SEASON AT THE EVENT!!!

WE HOPE TO SEE YOU THERE!

Do you have any suggestions for events or programs that you’d like to see in our community?

Email us at: events@uhcacalgary.org

Are you a student living in the community and have a passion for writing? We are currently looking for Contributors like you! Email a writing sample to: newsletter@uhcacalgary.org

The University Heights Community Association would like to thank the Students of Westmount Charter School for their continued support in distributing this newsletter to your home.

From the Office of City of Calgary Counsellor, Druh Farrell



Stadium Shopping Centre: Delays to construction at the Stadium Shopping Centre location may go on indefinitely during this economic downturn that the City cannot do anything about. However, Counsellor Farrell agreed that her office would look into whether there is a possibility of clearing the site of vacant buildings.

Pedestrian Crosswalk at 16th Avenue: Timing of the crossing light at 16th avenue is not pedestrian friendly. Counsellor Farrell's office will look into this matter immediately. Below is the follow-up information from the St. Andrew's Heights Community Association March 2019 newsletter, p. 10.

16th Ave and 29th St Intersection Signal Improvements

Submitted by Druh Farrell

- Residents of University Heights and St Andrews Heights have raised concerns about the time allotted as a pedestrian to cross the 16 Av/29 St NW intersection. Given that the intersection is next to the Foothills Medical Centre (FMC), the intersection is more likely to see people crossing who are seniors or are dealing with mobility challenges. For those residents especially, the standard pedestrian walk phase does not provide enough time to cross safely and comfortably. With the introduction of MAX Orange Line bus rapid transit service and eventual completion of the new Calgary Cancer Centre, even more people will be crossing this intersection.
- Residents have asked that the pedestrian signal timing at 16 Av/29 St NW be lengthened to give pedestrians more time to cross the intersection. The City's Transportation department agrees that a longer pedestrian walk phase is needed.

Transportation will be modifying the signal timing to provide a 12-14% increase in walk time for pedestrians in all crosswalks at this intersection. Many University Heights residents cross here on a daily basis to access services and employment at FMC. St Andrews Heights residents also use this intersection to access the University of Calgary and the Alberta Children's Hospital. This improvement to the signal timing is a small but definite win for the two communities.

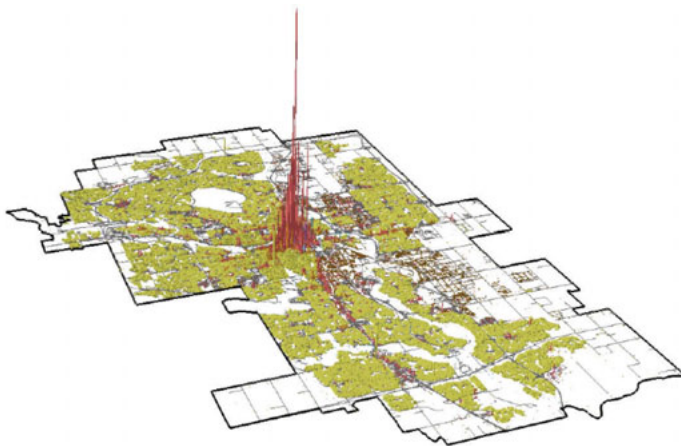
From the Counsellor, Druh Farrell (Cont'd)

If you ever have concerns about traffic signal timing, be sure to visit [Calgary.ca](http://www.calgary.ca/Transportation/Roads/Pages/Traffic/Traffic-signals-and-streetlights/Traffic-signals.aspx#timing) to learn more and submit a 3-1-1 request: <http://www.calgary.ca/Transportation/Roads/Pages/Traffic/Traffic-signals-and-streetlights/Traffic-signals.aspx#timing>

For pedestrian-specific signal concerns, visit the following link to learn more and submit a 3-1-1 request: <http://www.calgary.ca/Transportation/Roads/Pages/Traffic/Traffic-signals-and-streetlights/Pedestrian-traffic-signals.aspx>

Property Tax Update: The disruptive change in Alberta's economy has had severe implications for Calgary. While economists report signs of recovery, unemployment rates remain high and the downtown's vacancy rate peaked at 28 per cent in 2018.

The City provided a report in late 2018 on Calgary's real estate market and the impact on property taxes. The collapse of downtown assessed values has led to a shift of non-residential property taxes to businesses outside the core. The chart shows the extent to which the downtown subsidized the rest of the city in 2017 and for decades prior. City Administration anticipates that downtown office property values will continue to decrease in 2019, causing substantial property tax increases to other parts of the city.



*Property Tax Revenues 2017

This crisis is real. Fundamental changes are needed to promote sustainable economic growth. In 2017, I convened a one-day summit that identified solutions to restore and strengthen the downtown economy. Some solutions included office-to-residential conversions, attracting post-secondary institutions, and improving public spaces to attract private investment in our city centre. I also pushed for the creation of a task force to ensure that all City and external stakeholders work together to develop a downtown recovery strategy, as well as an expert team to find financial solutions to the tax shift.

Strengthening and diversifying the downtown core is essential to addressing this historic tax shift. Calgarians are innovative problem-solvers. Together we can make the necessary changes.

To sign up for community updates, visit www.DruhFarrell.ca or [www.Facebook.com/DruhFarrellCalgary](https://www.facebook.com/DruhFarrellCalgary)

Your City Section brought to you by The City of Calgary

What's happening	More info	  <div>Stay connected!</div> <div>facebook.com/cityofcalgary</div> <div>twitter.com/cityofcalgary</div> <div>calgarycitynews.com</div>
City supported Community Cleanups run from April through September saving residents a trip to the landfill. Visit calgary.ca/cleanup for information.	calgary.ca/cleanup	
Conserving water and maintaining a beautiful yard go hand-in-hand. Join over 33,000 Calgarians who already use rain barrels. For more information, visit calgary.ca/yardsmart .	calgary.ca/yardsmart	
You told us you wanted your bill to be simple and clear. We worked with you to make it easier to see what you pay for and how it is calculated. Visit calgary.ca/waterbill for details.	calgary.ca/waterbill	
Complete your census online beginning April 1, 2019! If you are unable to complete your census online, contact 311 for assistance or door-to-door census collection will begin April 22, 2019. Visit calgary.ca/census for details.	calgary.ca/census	



Free Financial Literacy Programs

Calgary Public Library offers a variety of free financial literacy programs, all focused on helping you making informed and effective decisions regarding your finances. Programs offered at various libraries in March and April include Planning for Retirement, It's

Your Money: Family Benefits, Raising Financially Fit Kids, and Finding the Right Financial Advisor. Find a full list of programs, locations, and times on page 35 in our program guide, *Library Connect*, or on our website.

Did You Know? Spend PD Days at the Library

Did you know that Calgary Public Library offers a free kids program on many PD Days, called School's Out All Day? Kids ages six to 12 can drop in to the Library anytime for games, crafts, and other fun activities. No registration is required. Search "School's Out All Day" on our website at calgarylibrary.ca/programs to find out when and where this program is offered.

Use Computers and Print for Free

Your free Calgary Public Library card comes with loads of membership benefits, including access to computers, Chromebooks, printing, and the internet. Your card gets you three hours of computer use per day, or you can borrow Chromebook laptops for in-Library use at some libraries. Additionally, all members get up to \$5 of free printing every month. Learn more at calgarylibrary.ca/technology. Not yet a Library member? Sign up for free at calgarylibrary.ca/card.

Message from Calgary Police Service

Calgary Police Service Community Resource Officer, Richard Marshall reminds residents that vehicle thefts in the area are increasing. During these cold snaps, be sure to lock your vehicle and don't let it idle unattended. He adds, *"Don't think that having your dog in the car will deter a thief. They will steal the car and drop off the dog a few blocks away."* Be sure to secure your garage doors as there have been thefts within the community. Unfortunately thefts are on the rise due to increased drug abuse issues.

Constable Richard Marshall is **our new Community Resource Officer (CRO)**. He can be reached at pol4352@calgarypolice.ca or through the District 3 office main phone line: 403-428-6300.

Welcome Constable Marshall!



STARS' Update on Flights to the Foothills Medical Centre

Will STARS' new H145 helicopter be quieter than the existing fleet?

A wide range of conditions, particularly atmospheric ones like winds and temperature, can influence how loud a helicopter is perceived to be by observers on the ground. While the new H145 is not active in our fleet yet, we anticipate it will be equivalent to the existing BK117 helicopter or quieter. One significant design difference on the H145 that reduces operating noise is the enclosed tail rotor (called a fenestron).

When will STARS' new H145 helicopter begin operating in Calgary?

STARS' new H145 helicopter will arrive in Spring 2019. Our crews will complete hands-on familiarization training before the new helicopter replaces the existing BK117 as the helicopter model operating from the Calgary base.

Have STARS flights to the Foothills Medical Centre taken different paths in recent months?

Reducing noise impact to communities surrounding hospital helipads is a key consideration of our aviation team. However, we must do everything we can to fly safely and in accordance with Transport Canada requirements.

In recent months, four large cranes were erected at the construction site of the new cancer centre on the Foothills Medical Centre campus. These cranes must be avoided by our aircraft and therefore traditionally used flight paths may not be available given the wind conditions and performance needs. As a result of this, flights to and from the FMC helipad have taken different paths than they might have previously. As long as obstacles exist within that area, our pilots must continue avoiding flight paths that would take them nearby.

Jennifer Thiel
Aviation Base Manager - Calgary

STARS

1441 Aviation Park NE

Calgary, AB T2E 8M7

Phone: 403-516-2766. Cell: 403-863-1433. Email: jthiel@stars.ca



Message from the U of C Community Task Force

The University of Calgary Task Force on Last Day of Classes Celebration

(colloquially known as Bermuda Shorts Day)



Photo credit: Mariah Wilson, The Gauntlet

Residents of University Heights are very familiar with the annual end-of-the year partying that occurs on the last day of classes at the University of Calgary, colloquially known as Bermuda Shorts Day. This day has evolved considerably since its inception in 1961 such that it now involves large, sanctioned events on campus and illegal off-campus, block parties such as those that have occurred in our community. Some participants pre-drink for this day starting the night before or by 6 a.m. on the last day of classes.

The Bermuda Shorts Day (BSD) event is sponsored by the

Students' Union (SU) and is an on-campus sanctioned event, which since 2009, has been held in a parking lot at the south-east end of campus. The event area is fenced off for the day

and is equipped with portable toilets, an emergency area staffed by medical personnel, and security (Calgary Police Services and contracted staff) to keep parties safe and the party contained to one space. The SU also pays for security outside the event area, and pays the U of C for the loss of revenue from the parking lot. Massive financial losses over the last two years, including a loss of over \$98,000 in 2018, will necessitate major changes for future events. Since April 2015, the University of Calgary has also sponsored an alcohol-free, family event on campus known as the UCalgary Strong Festival.

University Heights residents have often experienced and tolerated a spill-over of partying into our community on the last day of classes but the last two years have seen a concerning increase in illegal block-partying in the high density area of our community that students refer to as "D-block." This is the area encompassing Unwin, Ulster and Urquhart Roads and the south-eastern end of Uxbridge Drive.

In April 2017, a large illegal block party with about 800 people occurred in our high density area. A year later, on April 13, 2018 a party, in the same area, swelled to approximately 1600 revellers (mostly but not all University of Calgary students), engendering numerous complaints from University Heights residents. The Calgary Police Service (CPS) was forced to shut down Unwin Road at Urquhart Road re-routing transit and traffic out of the area for several hours. Note that some K-12 students from our local schools and their families live in this area, and some use transit.

In our Fall 2018 newsletter we outlined the breaking of numerous City bylaws and criminal law that occurred during the off-campus D-block party in 2018. Families with children returning from school had to navigate the damaged area. One resident required emergency treatment at Foothills Hospital for cuts sustained while cleaning up broken glass. Another resident of the area, who witnessed the D-block event first hand, commented that although it may have been 'peaceful' with the police monitoring the area "... it was an unsafe situation. Many of the young people were very intoxicated, and unlike the BSD party on campus, there were no safety measures ..." Area residents "were essentially blocked in until the event finally moved on."

The University of Calgary received numerous complaints from University Heights residents about last year's illegal, off-campus block party. As a result, the University of Calgary administration formed a Task Force to address increasing concerns for off-campus events on the impact on neighbouring communities, the safety and

wellbeing of participants, the draw on the CPS and Alberta Health Services, as well as the reputation of the U of C. We have been tasked with considering the key issues and concerns and identifying potential solutions. The U of C Neighbourhood Task Force: Last Day of Classes has met 3 times since June 2018 with one more meeting planned for April 2019. This group includes members of the University of Calgary administration, Students' Union, Graduate Students Association, Campus Security, the University of Calgary Director of Mental Health Strategy, a graduate student researcher, the City of Calgary, Calgary Police Services, and representatives from University Heights Community Association. The University of Calgary is also in contact with other surrounding communities through other means. Additionally, in January 2019, the U of C published a revised version of its alcohol policy (available through the U of C website).

The University of Calgary graduate student on the Task Force prepared a literature search on campus partying which informed a research study conducted in the fall of 2018 including surveys and focus group data from students and University Heights residents to help guide future planning for the last day of classes. Thank you to all those UH residents who volunteered for the focus group. We are still able to forward comments to the Task Force from anyone who was unable to attend the focus group session. Please contact the UHCA representatives if you wish further information.

University Heights' Calgary Police Service Community Resource Officer, Richard Marshall, and other Calgary Police Service constables have been very active in listening to concerns raised by the community. The Calgary Police Service is developing a plan that will increase police presence for April 12, 2019, the last day of classes, as well as proactive work leading up to the event in which landlords and tenants in the D-block area will be contacted.

Further, the University Heights Community Association recognizes that the partying in the D-block area is not just confined to the last day of classes. According to Calgary Police Service statistics our community has experienced an uptick in social disorder calls to the Calgary Police Service in the last two years relative to our neighbours on the U of C campus. To address the issue of unsanctioned nuisance parties throughout the year, the University Heights Community Association Board will be discussing possible revisions to existing City of Calgary bylaws regarding nuisance parties. These recommendations are modelled after cities such as Kingston, London, ON, and St. Catharines that now have nuisance party bylaws in place.

For updated information on the annual U of C Students' Union Bermuda Shorts Day on-campus event (April 12th from noon to 6 p.m.) please check this link: <https://www.su.ucalgary.ca/bsd/>

Calgary Police Services reminds all University Heights residents: If you are disturbed by nuisance parties, parking infractions, noise, or other bylaw enforcement issues at any time of the year you may report the event by calling 311. In an emergency, please call 911. For non-emergency situations you can call the police non-emergency number at 403-266-1234.

RECYCLING & GARBAGE: Get ready for collection day

Space it – Leave enough room between and around your carts on pick up day.

Place it – Make sure your carts are out by 7 a.m. on collection day.

Clear it - Remember to clear the snow off your blue cart lid and keep the lid closed before putting your recycling out for pickup.

Store it – Put away your carts on non-pickup days so they do not block the alley.

Learn more at calgary.ca/cartplacement



Recycling 101 – Get back to the recycling basics

Paper and cardboard

Recycle all cracker boxes, delivery boxes, coffee cups, flyers and other paper items.

Tip: Break down boxes to make more room in your blue cart.

Bundled plastic bags and wrap

Bag your bags. This includes all stretchy bags like grocery bags, shopping bags, bread bags, produce bags, shipping bags, cling wrap and bubble wrap. **Stuff into one plastic bag and tie closed.**

Plastic containers

Is your plastic item a container like a yogurt tub, pop bottle or milk jug? If yes – rinse and recycle it. If no, put in the garbage.

Tin cans and tin foil

Crumple up tin foil and pie plates into a ball before recycling.

Glass bottles and jars

Rinse out food residue before recycling.

Your blue cart is for household paper, packaging and containers. If it isn't one of the materials listed above, don't put it in your blue bin.

Learn more at calgary.ca/recycling

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Sudoku - Hard

Sudoku - Easy

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		8						
	2	9	1	4	7			8
4	5						7	
	4						6	
5			6				3	
				8	1	2		

West Campus Coyotes

Coyotes were encountered recently on the West Campus lands by a resident walking his dog. One of three coyotes was aggressive and we are happy to report that the resident was able to get away without injury. Dogs must be on-leash in the West Campus park area. Our resident dog walker carries an air horn (available at Canadian Tire) and avoids the back alleys in our neighbourhood where coyotes have also been observed at night.



If you encounter a coyote on the West Campus lands please call 911 if there is an immediate threat of danger or an attack. The University of Calgary's contact person for any coyote interactions on the West Campus or on U of C property is Lee Ferrari (Senior Manager of Grounds) at 403-973-3573 (C) or 403-220-4379 (O). If the person involved in a sighting or incident wishes to make the university aware (after the fact) they can call security (# listed on the U of C coyote warning signs 403-220-5333) or one of the two numbers for Mr. Ferrari. The university will log the sighting or incident and (may) pass that information along to their coyote specialist on staff (Dr. Alexander).

If you encounter a coyote in University Heights and are in immediate danger please call 911. Otherwise, you can report the incident by calling 311 or using the online service.

According to The Alberta Environment and Parks: Fish and Wildlife website "Many animals, such as coyotes, foxes and magpies, have readily adapted to life in the city. Permanently removing these species from urban areas is not possible. Removing these animals only leaves vacancies that other animals can fill. Here are tips provided by Fish and Wildlife to keep you and your family out of harms way:

- **Never feed wildlife.** Wildlife feeding on food from people and human-use areas not only prevents wildlife from getting nutrition from natural food sources, it teaches wildlife to associate people with food. This can lead to problematic, even dangerous, situations that may result in human injury and/or wildlife being destroyed.
- **Never approach wildlife.** It may be stressful for wildlife when someone enters their territory. Over time, wildlife can become accustomed to people, increasing the risk of negative human-wildlife encounters. Always respect the "personal space" of wildlife to help them stay wild. Also keep in mind that bats, skunks and foxes are carriers of rabies and, if seen acting oddly, must be avoided, even if your intention is to help.
- **Keep your dog on a leash.** Even well-trained dogs cannot fight their instinct to bark and chase. This can stress wildlife and cause them to dart into traffic or lead to other unsafe situations such as a defensive attack.
- **Keep your cats indoors.** Cats allowed to roam make easy prey for coyotes and foxes. Coyotes and foxes that learn easy prey can be found in a neighbourhood will return to that same area for future meals, creating potential new problems for the community. Keeping cats indoors also helps protect the native songbirds that frequent the city.

West Campus Coyotes (cont'd)

- **Keep your garbage in a secure container with a lid.** Make sure your garbage containers are in good condition. Household waste appeals to wildlife as a source of easy meals.
- **Remove food and shelter that attracts wildlife to your property.** Clean your yard of all garbage, pet foods, birdseed, fallen fruit and berries that can serve as a food source for wildlife. Potential shelter, such as the spaces under decks, patios and outbuildings, should be closed off with durable wire mesh.
- **Drive carefully.** Slowing down when driving near parks, river valleys, golf courses and other green spaces lessens the likelihood of collisions with wildlife.
- **Teach your children about wildlife in the city.** Children should be taught to make safe decisions and respect wildlife by never feeding or approaching wildlife, putting garbage into garbage cans, not running away when they see coyotes or foxes and keeping their pets leashed and supervised.

Development Update



FOOTHILLS MEDICAL CLINIC POWER PLANT EXPANSION

The Government of Alberta's Alberta Infrastructure is proposing to expand the Foothills Medical Centre's existing power plant and a connection to the ENMAX power corporation's existing distribution system in order to support the growth of the hospital and the future needs of the new cancer care facility. The redesign and expansion of the existing facility is considerable and will not increase current noise levels. The features of the structure and the landscaping will assist with noise mitigation.

Further information can be obtained at the following Alberta Utilities Commission link:

<http://www.auc.ab.ca/Pages/Alberta-Health-Services.aspx>

UHCA Fall 2018 Survey Results

This Survey was conducted online during November & December 2018 and had 43 Participants. We are hoping to prepare a more detailed survey in 2019.



DO YOU KNOW YOUR NEIGHBOURS?

19% - ALL OF THEM
19% - MOST OF THEM
16% - HALF OF THEM
40% - A FEW OF THEM
5% - NONE



DO YOU CURRENTLY PARTICIPATED IN ANY UHCA ACTIVITIES OR EVENTS?

9% - LOTS OF THEM
77% - OCCASIONALLY / SOMETIMES
14% - NOT INTERESTED



WOULD YOU BE INTERESTED IN A COMMUNITY SKATING RINK?

56% - YES
21% - MAYBE
23% - NO

WOULD YOU BE ABLE TO HELP START A COMMUNITY SKATING RINK?

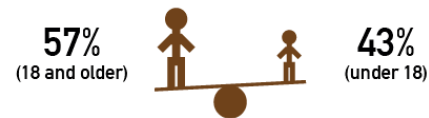


42% - YES
33% - CAN HELP MAINTAIN:
25% - WILL USE, BUT NOT HELP

WHO WOULD BENEFIT IN YOUR HOUSEHOLD FROM UHCA ACTIVITIES & EVENTS?

Of the 43 Participants in the survey, 40% did not have children under the age of 18 in the household;

The Participants that responded identified **107 Individuals that would benefit most from community events and activities** would be:



CONCLUSION: This indicates that the programming should be evenly split between age groups to benefit all age ranges in the community.

WHAT EVENTS OR ACTIVITIES WOULD YOU LIKE TO SEE IN THE COMMUNITY?

42% of the SURVEY PARTICIPANTS were interested in rebuilding the Community Skating Rink.

33% were interested in participating in an Annual Community Cleanup

30% were interested increasing the number of local Social Events including Concerts, Movies, and Picnics in the Community Park.

Other ideas, such as a Walking Club, Community Garage Sale, and Snow/Grass Angel program showed some interest by participants.

WHAT CONCERNS YOU MOST IN YOUR NEIGHBOURHOOD?

OF THE PARTICIPANTS SURVEYED, THE GREATEST CONCERNS WERE RELATED TO DEVELOPMENT AND TRAFFIC CONGESTION IN AND AROUND OUR COMMUNITY.

42% SECONDARY SUITES
40% STADIUM SHOPPING CENTRE
40% TRAFFIC CONGESTION
19% BERMUDA SHORTS DAY / "D" BLOCK PARTY
12% VANDALISM
12% SNOW CLEARING
3% UNIVERSITY DISTRICT
2% AIR TRAFFIC NOISE

CONCLUSION:

WE WILL NEED TO CONDUCT A MORE COMPLETE SURVEY IN THE NEAR FUTURE TO GET A BETTER UNDERSTANDING OF HOW THE UHCA CAN HELP RENEW PARTICIPATION AND BUILD A STRONGER COMMUNITY SPIRIT FOR THE FUTURE.

WE CAN CONCLUDE THAT THERE IS SIGNIFICANT INTEREST IN HAVING A PLACE FOR OUR COMMUNITY TO INTERACT WITH ONE ANOTHER.



From Surrounding Neighbourhoods

PARKDALE COMMUNITY ASSN UPDATE

We at the Parkdale Community Association have been busy updating our website, and along with the updates is information on the programs we currently offer. From Ballroom Dancing, to Kidsport, to Children's year round culinary courses, we have several programs to offer you. Information for all of our programs is located on the main page of our website at parkdalecommunity.com

We are currently working with local businesses and service providers to provide a discount to members of the Parkdale Community Association. As we make new agreements, we will post them in our weekly updates.

This month, we have made an agreement with a home security company.

Authorized Security is a local company specializing in Security and Automation systems for residential and commercial properties. They work closely with the Parkdale Community Association and monitor the alarm systems within the Community Centre. They would like to offer a free in-home assessment to all members and offer an exclusive discount of 15% on any automation, security and surveillance hardware. They offer customized packages for every home and business and tailor the solution to protect your family and property. Their 24/7 monitoring center is fully ULC certified and their pricing is highly competitive. If you have an existing alarm system, they can likely take it over at no cost to you and offer you a lower cost for the monitoring with the same or better features you have been enjoying.

They would appreciate the opportunity to meet with you one on one or as a group to present their products and services. Their products range from security systems and video surveillance cameras to full home automation systems. In addition to the products they offer, they also ensure that you are looked after with a 24/7 call center and service call responses within 24 hours, so your home and family are always protected.

Calgary Parking Authority Residential Parking Permit Program

The City of Calgary is reviewing its Residential Parking Permit Program. The goal of this review is to improve customer service, increase long-term financial stability, and ensure efficient use of street space.

Phase 1: online and in-person engagement was completed in January 2019. The "What We Heard" report for Phase 1 will be made available in March 2019.

Phase 2: online and in-person engagement is scheduled for June 2019. Further information on this review and the timeline is available at:

<https://engage.calgary.ca/RPP?redirect=/rpp>

For all accounts that are signed up by January 31st, you get a chance to win a Nest Doorbell Camera that allows you to see who is at your door at all times. Call their Sales Associate Bruce Beal at 403-542-4004 or by email at bbeal@authorizedsecurity.ca to set up an in-home assessment or have them answer any of your questions.

Feature Recipe

Looking for something new to try? Try this recipe.

I think everyone is itching to get outside to enjoy the warm weather though perhaps it's still acceptable to turn on the oven? This chicken is delicious in cooler months and is bright enough to remind us that the season is changing. This is a quick and super tasty recipe that can be easily paired with a salad, a small serving of pasta or even baked spaghetti squash. It's from local blogger Jess Kostka at her site [Cooking in my Genes](http://www.cookinginmygenes.com/pesto-baked-chicken/) (www.cookinginmygenes.com/pesto-baked-chicken/)



Pesto Baked Chicken

1/2 small yellow onion, chopped
3 cloves garlic, minced
1 cup cherry or grape tomatoes, cut in half
4 chicken breasts (thighs would work here too)
Salt and pepper each side of the chicken breast
2 tbsp olive oil
2/3 cup chicken stock (low or no sodium)
1 tbsp butter
4 tbsp pesto
1/2 cup feta, crumbled

Instructions:

Preheat oven to 350 degrees F.

Chop the onion and mince the garlic; combine into a small bowl and set aside.

Wash the tomatoes, cut them in half and set aside.

Heat oven-safe skillet (I like cast iron) or your frying pan to medium and add the olive oil.

Add onion and garlic, cook until soft & browned, about 5 minutes.

Next, season the chicken with salt and pepper. Then, push the onion and garlic to the sides of the skillet and add the chicken, cooking each side of the chicken breast for 5 minutes (can adjust cook time down so as to not overcook the chicken).

After the second side is cooked, add the chicken stock, butter and tomatoes and simmer in the pan for 5 minutes.

****If you are NOT using an oven-safe skillet, transfer the chicken and all of the sauce to your oven-safe baking dish before continuing to the next step****

Then, spread 1 tbsp of pesto on each chicken breast and finally top off each piece of chicken with the crumbled feta (dividing the feta between the 4 chicken breasts, approx. 2 tbsp per piece).

Cover the skillet or baking dish with foil and bake in the oven for 15 minutes. (Chicken is safe to consume at an internal temperature of 165 F)

Take the pan out and let cool a couple of minutes before serving.

Enjoy!

MEMBERSHIP - UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION

We encourage UH residents to purchase UHCA memberships. The nominal fees we collect allow UHCA to provide services that benefit the community as a whole, such as contributing to the new outdoor classroom, the community BBQ and assisting the soccer program. Memberships also allow us to maintain our webpage that we use to enhance communication to the community.

Registration and payment (paypal or cheque, payable to "University Heights Community Association") can be done in several ways:

- 1) Online at www.uhcacalgary.org
- 2) Mailing or Dropping off this form to UHCA c/o Foothills Mennonite Church, 2115 Urbana Rd NW, Calgary, AB T2N 4B9
- 3) In Person at Community Events

\$20 / one year \$40 / two years \$60 / three years

Special thanks for the Foothills Mennonite Church for volunteering as a drop off location.

Full Name	
Email	
Street Address	
Postal Code	
Phone Number	
Living in UH Since (year and month)	
How would you like to receive the UHCA Newsletter?	<input type="checkbox"/> Paper Delivery <input type="checkbox"/> Email

Volunteers Needed

Volunteering is an integral part of our programs. We would not be able to provide these programs at these fees if not for volunteer support. How can you help? Here are a few ideas!

General Community:

- Newsletter Contributors
- Newsletter Editor
- Online Contributors
- Program Coordinator
- Grant writing
- Park Corridor Initiative
- Advertising Coordinator
- Other _____

Soccer Program:

- Coaches Coordinator
- Team Coaches & Assistants
- Uniform Coordinator
- Equipment Coordinator
- Referee Coordinator
- BBQ Coordinator
- Other _____



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