

WINTER 2022

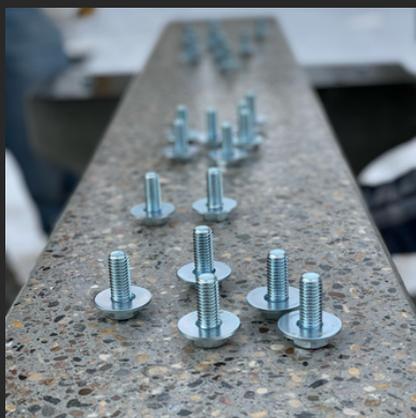
UNIVERSITY HEIGHTS

NEWS

OVERVIEW:

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What's this???
Find out inside!





Recent renovation in University Heights



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Presidents Message

As we start the new year, I hope each of you is staying healthy and well. As we look ahead to the year before us, our Board is excited to continue a few initiatives started last year. We have applied for our 2nd annual community cleanup event for April and hopeful that Broxburn Farms will continue their farmstand through the summer. We continue to watch and wait for when we can again gather as a community – whether through a community BBQ, potluck or other event.



With our AGM coming up on March 10th, we are looking for additions to our Board. Our team is quite small and can always use more support. Not sure if the Board is right for you? Please reach out to me as I'd be happy to tell you more about being on the Board or even how you might be able to help out in other ways. Volunteers are always appreciated and being a Director on the Board is not a requirement to volunteer.

Hope to see many of you on March 10th at the AGM!

Sincerely,

Patty Auger, CPA-CA, CFP
UHCA President

University Heights Skating Rink

Come on over to the University Heights Skating Rink! It is nestled in a nice spot in the green space between Utah Crescent and Utah Place. The rink is for pleasure skating only and no hockey or hockey equipment is permitted. As a reminder that if you want to go skating come to the rink, please don't use the duck pond as it is a stormwater collector and can be dangerous with varying water levels, see City web site for information: <https://rb.gy/55t8we>.

<http://www.uhcacalgary.org/blog/community-skating-rink/>

UHCA Newsletter Articles and Advertising

Do you have an article idea or photos that would be of interest to your neighbours? We would love to hear from you!

Please forward submissions to:

newsletter@UHCACalgary.org

Call for Submissions

Have you lived in the community for years? Did you grow up in University Heights? Or just have interesting stories from your time in the community? We are looking for stories from University Heights past to feature in upcoming issues of the newsletter.

Email them to:

newsletter@uhcacalgary.org



Terry Wong - Ward 7 Councillor

Happy New Year

Wishing everyone in Ward 7 a Healthy and Prosperous 2022



Let me say I see a very bright and optimistic future ahead of us. New industries and jobs are emerging in Calgary, existing businesses are reinvesting, and most importantly, The City of Calgary is investing in the priorities of Ward 7 – Safe Communities, Affordable City, and Vibrant Calgary.

My apologies that this is my first community newsletter since being elected and Sworn in Council last October. The Ward office has had to re-establish itself anew amidst a heavy Council/Committee meeting schedule and intense orientation sessions in between. New staff, office, technology, and methods have taken time to establish and streamline. Working with me are the following Constituency Liaison staff – Coco Yuen - Executive Assistant, Matt Lalonde (former Ward 7 candidate) - Planning Strategist, and Gary Bobrovitz (former Ward 8 candidate) - Downtown and Issues Strategist.

When elected, I made a commitment to work respectfully, openly, and collaboratively with all residents, local businesses, and other stakeholders and to be a strong voice with Mayor Gondek and at City Council. To reiterate, my approach is 'Listen, Learn, then Lead' and 'Do the Right Things and Do the Things Right'. My deliberations and my voting record at City Council have honoured these virtues.

Calgary and Ward 7 are dealing with continuing challenges of COVID, a slow economy, commercial vacancies, etc. that has affected everyone and local businesses. However, Calgarians are resilient. We have the tradition of getting through these challenges together and emerge more strong, united and contributing to a rewarding and constructive Calgary. We can and will do the same.

I look forward to meeting as many constituents and stakeholders in person. Inquiries can be emailed to me at ward7@calgary.ca or the website at www.calgary.ca/ward7.

A festive red banner for the Chinese New Year. On the left, a tiger is depicted walking on stylized yellow and orange clouds. In the top left corner is the City of Calgary logo. The text 'YEAR OF TIGER' is centered at the top. Below it, a white rectangular frame contains the Chinese characters '恭喜發財' (Gong Xi Fa Cai) in red. Underneath the frame, the words 'Gong Xi Fa Cai' are written in large, bold white letters. On the right side, there is a circular portrait of Terry Wong. Below the portrait, his name and title 'Terry Wong Ward 7 Councillor' are written in white. At the bottom, the website 'www.calgary.ca/ward7' and email 'ward7@calgary.ca' are provided in white. The background is decorated with hanging red lanterns and more stylized clouds.

UHCA Board of Directors

EXECUTIVE DIRECTORS

President	Patty Auger president@uhcacalgary.org
Vice President	Simon Corrin vp@uhcacalgary.org
Secretary	VACANT secretary@uhcacalgary.org
Treasurer	Lindsay Baez treasurer@uhcacalgary.org

COMMUNICATIONS

Newsletter	VACANT newsletter@uhcacalgary.org
Technology	Simon Corrin webmaster@uhcacalgary.org

COMMUNITY EVENTS & PROGRAMS

Soccer Coordinator	Marc Lebel soccer@uhcacalgary.org
Seniors Dance	Mili Rowse dance@uhcacalgary.org

COMMUNITY ADVOCACY

Development	Pat Muir David Richardson development@uhcacalgary.org
Membership	VACANT membership@uhcacalgary.org
Volunteer	VACANT volunteer@uhcacalgary.org
Directors-at-Large	Andrea Trainor Isabelle Ayasse

COMMUNITY CONTACTS

Community Resource Officer	Const. Richard Marshall (403) 428-6300 pol4352@calgarypolice.ca
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Community Meetings

We are always looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community.

The Board meetings are currently being held virtually (unless otherwise posted) at 7:00 pm on the second Wednesday of the month (except July & December) and all UHCA members are welcome.

If you are planning to attend, please send an email to secretary@uhcacalgary.org at least 24 hours before the meeting.



Our mailing address is:

University Heights Community Association
c/o Foothills Mennonite Church
2115 Urbana Rd NW
Calgary, AB T2N 4B9

Do you want to stay connected with University Heights?



Check out our Website:

www.uhcacalgary.org



Like us on Facebook:

www.facebook.com/UHCACalgary



Follow us on Twitter:

twitter.com/UHCACalgary

UHCA Seniors Dance and Movement Class

The Seniors Dance & Movement Program continued online classes in the fall and winter of 2021. The program saw a new instructor step in temporarily to replace Krista, who is on maternity leave. The group has decided to take a pause for the first part of 2022 and will reconvene when in-person classes can be restarted.

Stay tuned for this great community program to start-up again later in the year. We look forward to welcoming participants back soon!



UHCA Soccer

UHCA is planning our Spring Soccer season again this year. Last year Soccer was moved to a summer / fall season and was a great success. This year the Calgary Minor Soccer Association (CMSA) is moving forward with its regular season in the Spring. The UHCA is



planning on joining the CMSA again this year after last year's pause in soccer. Of course, if COVID-19 and Omicron or other variants make soccer unsafe we will postpone the season to a later date until it is safe for everyone. All COVID-19 government restrictions will be adhered to.

Registration: Coming Soon!

Season: End of April through end of June

University School Update

University School would again like to thank University Heights for the ongoing support, generosity, and kindness that continues to be shared with the staff and students. This ranges from driving carefully around the school or waving as you walk by to donating resources and volunteering in the school. We appreciate the relationship we have been creating with the community and look forward to finding more ways of working together in the future. If you have any ideas please don't hesitate to contact us.



Amazing Learning at University School

Despite having to approach teaching and learning in unique ways, students continue to be engaged in wonderful learning opportunities at University School. Below are just a few examples of what has been going on.

Read the full article on the UHCA Blog:

<https://rb.gy/qfyym1>



Students in Kindergarten and in the school's Enhanced Educational Supports (EES) program have been taking regular opportunities to interact and make connections to outdoor spaces around the school such as the duck pond. This provides hands on learning opportunities through explorations and observations in nature while supporting the connections to life outside of school.

Students in Grade 5/6 have been exploring electricity and looking at circuits. This provided them with the basic knowledge and skills required to design and build their own battery-powered miniature car as part of a culminating activity.

Toole Peet Grant

UHCA was thrilled to be selected for a Toole Peet Action grant which has allowed us to purchase a picnic table for the neighbourhood. The table has been placed in the green space bordered by Ungava Road and Uralta Road on the north side of the circle of trees. The location was chosen in conjunction with the City of Calgary Parks Department; UHCA will be responsible for maintaining the table while Parks will continue to take care of the space around it. We hope the addition of this table has enhanced this wonderful space within our community and continues to be a space where neighbours can gather and play!



Any questions or concerns can be directed to the UHCA board at UHCABoard@UHCACalgary.org as well as reporting any activity of concern to 311.

AGM - Annual General Meeting University Heights Community Association

Online AGM! We are looking forward to our second online virtual AGM. Due to COVID-19 we are not able to host our AGM in person like we have done in the past, so we will be online again this year. We hope you are able to join us and enjoy our second online AGM.

More details on the AGM and how to register coming soon!



MARCH 10TH @ 7PM

UHCA MEMBER STATUS: PAID

Note: To attend the UHCA AGM you must be a member of the UHCA in good standing with membership paid for 2022. We will be sending out an email to all members soon to indicate if your membership is in good standing for the AGM.

University Heights Resident Realtor



Visit WWW.EWINGTEAM.CA for more information and your monthly Market Update



Bill Ewing
CIR Realty
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bewing@cirrealty.ca

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UXBorough

*New Name and Website for the
Redevelopment of the Former Stadium
Shopping Centre*



The redevelopment of the Stadium Shopping Centre has been renamed UXBorough. Western Securities (the landowner) has created a website for this development at <https://uxborough.com/>.

www.uxborough.com

Residents can keep track of the construction timelines and view some of the plans through this new website. The first two buildings under construction are the medical and residential buildings on the west side of the site (adjacent to the school playgrounds), along with associated underground parking.

Broxburn Farms Community Farm Stand



Broxburn Farm Stand plans to return to University Heights this summer! In the meantime, place an order at our online shop for veggies throughout the winter. Once your order is placed (before 10 AM Mondays), we will meet you at the Foothills Mennonite Church with your order (Wednesdays 1:30-3:00 PM). Online order pickup is currently only available EVERY OTHER WEEK in University Heights. Online Order Pickup will run until May of 2022, when we will return to University Heights with our Mobile Market bus.

<https://rb.gy/5yfhmt>

New Picnic Table Survives Fireball - Satire

Benjamin Corrin (10 years old)

A new picnic table was built in a community green. The picnic table is made of stone, and the structure is strong. The table was assembled on January 22nd. The structure's stability, strength, and durability was tested by a giant ball of fire flying from the sky and exploding on the table.

"I was walking by the picnic table, preparing a picnic, when a piece of the sun came down on the table and blew up. When the smoke cleared, the table was not harmed in any way." said an onlooker when it happened.

Judging from the radar's view of the situation, it was incredible. The ball of fire was ten feet in diameter, and seemed to be a tiny sun. Scientists reviewed all angles and views of the situation and found out the fireball's center was the heat of the core of the sun. The fireball melted all of the snow in the nearby area. A speculator said it must have been aliens, though everyone is baffled where this mini sun came from. The picnic table is still in pristine condition, though people were cleaning soot off of it for a while after the explosion.



Your City - Updates From The City of Calgary

Report a streetlight accurately and efficiently on The City's Streetlight Outage Report Map. Visit Calgary.ca/streetlight for more information.

Calgary.ca/streetlight

Planning to replace your roof this year? You may be eligible for a \$3,000 rebate when you install Class 4 impact-resistant roofing on your single-family, semi-detached or duplex home

calgary.ca/hail

The Youth Employment Centre is hosting a Youth Hiring Fair on April 7.

www.calgary.ca/YECHiring



Stay connected!

facebook.com/cityofcalgary

twitter.com/cityofcalgary

calgarycitynews.com

Pedestrian Safety in the Winter

By Robert Dewar

Winter in Calgary presents a number of problems for pedestrians. Ice patches, piles of snow and slush on sidewalks and roads make walking particularly dangerous, especially for seniors. Physical challenges to pedestrians include:

- Walking more slowly because of unsure footing and increased chance of falling
- Poor balance and reduced ability to catch themselves if they slip and start to fall
- Physical difficulty walking due to arthritis and other physical limitations
- Reduced agility for those who use canes
- The encumbering effects of heavy footwear and clothing.

A major concern among the elderly is failing vision. The old eye has lower acuity, is more susceptible to glare, and has more difficulty detecting some objects in the roadway environment. The presence of snow also makes curbs, uneven surfaces and debris difficult to detect, increasing the probability of a trip or fall. Because of the need to step carefully, pedestrians crossing the road are more likely to be looking down at the road surface at the expense of noticing approaching or turning vehicles.

Darkness presents problems not only of seeing vehicles and the road environment, but also of being seen by drivers. Pedestrians are much less conspicuous to drivers, as many wear dark clothing and there are more hours of darkness in winter. In addition, pedestrians typically think they can be seen at night from double the distance they can actually be detected by drivers.

Problems contributing to accidents among pedestrians include: misjudging the distances of and intervals between vehicles, stepping off the sidewalk when distracted, watching the traffic lights instead of the traffic, misinterpreting the movement of vehicles, assuming that drivers will yield to them, and impatiently crossing after waiting. All of these problems can be worse under winter conditions.

An additional concern for some is hearing loss. Pedestrians rely on sound (e.g., traffic noise, horns) to detect the presence of vehicles as well as to judge their speed and distance. This is especially important where there are vehicles turning right at red lights, and in parking lots where cars often back out suddenly into the path of a pedestrian. Vehicle sounds may be reduced when there is a layer of snow on the ground.

Many older people are not able to walk fast enough to cross the street at signalized intersections in the time allowed by the WALK signal. The assumed walking speed of 1 metre/second used by traffic engineers to determine timing of pedestrian signals is too fast for many older pedestrians. This problem is worse under many winter conditions, as walking speeds are reduced when the street is covered with snow or ice.

Pedestrians who have certain physical difficulties walk more slowly. So longer walk time intervals are needed at many signalized intersections, especially in winter or when there are large numbers of older pedestrians using the intersection.

In view of the potential difficulties encountered by pedestrians in winter, it would be advisable for them to increase and maintain their fitness, especially the ability to keep their balance when walking.

Continued: Pedestrian Safety in the Winter

Some of the ways to make walking safer in winter are:

- Wear boots or shoes with soles that will grip on snow and ice
- Wear sunglasses to reduce glare on sunny days when the ground is snow-covered
- Avoid wearing dark clothing at night
- Watch the traffic carefully, as drivers often fail to yield to pedestrians who have the right of way
- Beware of backing and turning vehicles in parking lots
- Practice judging the speed and distance of approaching vehicles to see if there is enough time to cross the street at unsignalized intersections
- Be patient and wait for a safe gap in traffic if there is no WALK signal
- Use ice grips on canes and crutches when appropriate
- Increase and maintain physical fitness, especially the ability to keep your balance when walking.

UHCA's 2nd Annual Community CleanUp

Each year, the City of Calgary Waste Recycling Services and Community Standards partner with community associations such as ours to help residents rid themselves of unwanted household items and property waste. This saves a trip to the landfill for items that don't fit waste and recycling carts or for residents who don't have cart service. Last year, UHCA teamed up with the city to provide three packer trucks with crews (two for waste, one for organic materials). This is a free service for all Calgarians, backed by the support of community volunteers.

We have applied for dates in April to the City of Calgary and are awaiting their approval to proceed. One change to this year's community clean-up is the City's decision to provide 3 waste trucks as opposed to 2 waste and one for organics. This is due to demand the city observed from the community clean-ups which are held throughout the city. Stay tuned and keep your fingers crossed that we will be able to run this successful event again this year. We will be looking for volunteers to support again and would love to have you out for a shift!



If you encounter a Coyote:

STOP

Pick up children and small pets if necessary

STAND STILL

Never run from a coyote, fox or dog

MAKE YOURSELF BIG

Arms in the air and clap, pop umbrella, snap plastic bag

BE LOUD AND ASSERTIVE

Shout "Go Away!", stomp your feet, never scream

BACK AWAY Be assertive as you leave, if need be, to ensure the animal knows it is not welcome



Spring, Summer, Fall...Sugar?!

Natalie Lebel (age 8 years)

Once, there was a family with 3 kids. The kids all loved snow. And sweets. Except their parents wanted them to eat healthy food. The good thing about that is that that didn't affect playing in the snow. The kids had fun each season. When it was spring, they were sad to lose the last of the snow. In summer, they liked playing outside, but they really wished it would snow. When it came to fall, they would be asking their parents how long it is till winter. When it got to winter, the kids couldn't wait for the snow. One winter, they had their faces pressed up against the window. Obviously, they were waiting for the snow. Every year, when it first snowed, they would shriek with excitement.

Right now they have the zoomies (when you run around full of excitement.) because it was the day before winter starts. "I can't wait till winter! I can't wait till winter!" They ran around yelling. That night, it snowed. When the kids woke up, they were SO happy. They immediately got their snow pants, boots, coats, mittens, toques, and scarves on. Then, they dashed outside

without eating breakfast. As they played with the snow, they noticed that the snow was powdery and didn't stick together. Then, they tried tasting it. It tasted sweet and didn't melt like snow normally does when you eat it. They immediately knew it was sugar! They were so happy that they could play with it AND eat it! Every day, they would rush outside to play with it and eat it, but they decided not to tell their parents. Whenever their parents came outside, they said "stop eating the snow!" But they didn't realize it was sugar.

One day, when the kids were playing outside in the sugar, their parents came outside. When the parents said, "don't eat the snow" and called them inside, the kids accidentally blurted out "try it, it's sweet!" The parents tried it, and realized it was sugar, not snow. They were too surprised to talk. When they stopped staring, the parents called the kids inside. The kids then had breakfast.

The kids were allowed to play, but no longer allowed to eat the sugar, but they would sneak a few bites whenever they could. That winter, every time the forecast said it would snow, sugar came down instead. When spring came, the kids were sad to watch the sugar get washed away in the rain. Each day of the summer and fall, they hoped sugar would fall from the sky again next winter.



New Facebook Page for District 3 - Calgary Police Service

Richard Marshall, our Community Resource Officer for CPS, advised us that District 3 has just launched its new Facebook page. University Heights is in District 3. The new webpage is developing and is intended to “highlight the many



positive initiatives that our community members and Calgary Police Service members undertake, including community engagements through events, relationship building, and sharing the good news that occurs, when we all work together to keep our communities safe.” Check it out and send them some feedback about what you would like to see on the website. The new site is not intended for reporting crimes as it is not monitored.



www.facebook.com/CalgaryPoliceDistrict3

Newsletter Content and Volunteers Needed!

Did you enjoy the articles written by community members in this issue? Do you have photos, stories or news articles to share with the community? Or perhaps you or a family member want to share a painting, drawing, or favorite recipe with neighbours. Submit your stories, photos and art to Newsletter@UHCACalgary.org and it may be included in a future UHCA newsletter.



Have a little more time to give? Consider volunteering your time to help compile or create the newsletters.

Your help is greatly appreciated!



Calling All Baseball Players...

Bow Ridge Little League is looking for boys and girls ages 4 to 16 who wish to learn and play one of spring's greatest pastimes.



Bow Ridge is a well-established Little League Baseball program catering to all interested players from first time to advance skilled. Depending on the age group, player clinics will begin in early March, with the regular season beginning in May and running until the end of July for most age groups, including All-star programs on a tryout basis for players age 9-16.

Online Registration
January 15th to February 28th

To obtain additional information on our league or to register, please visit www.bowridgebaseball.com

Thank you to all of our 2021 volunteers. Bow Ridge Little League relies on volunteers to make baseball possible for our communities' kids. We are seeking 2022 volunteers to fill key Board positions including: VP Administration; VP On Field; and VP Off Field.

Membership - University Heights Community Association

We encourage UH residents to purchase UHCA memberships. The nominal fees we collect allow UHCA to provide services that benefit the community as a whole, such as contributing to the new outdoor classroom, the community BBQ and assisting the soccer program. Memberships also allow us to maintain our webpage that we use to enhance communication to the community.

Registration and payment (PayPal or cheque, payable to "University Heights Community Association") can be done in several ways:

- 1) Online at www.uhcacalgary.org
- 2) Mailing or Dropping off this form to UHCA c/o Foothills Mennonite Church, 2115 Urbana Rd NW, Calgary, AB T2N 4B9
- 3) In Person at Community Events

\$20 / one year \$40 / two years \$60 / three years

Special thanks for the Foothills Mennonite Church for volunteering as a drop off location.

Full Name	
Email Address	
Street Address	
Postal Code	
Phone Number	
Living in UH Since	(year / month)

Volunteers Needed:

Volunteering is an integral part of our programs. We would not be able to provide these programs at these fees if not for volunteer support. How can you help? Here are a few ideas!

General Community:

- Newsletter Contributors
- Newsletter Editor
- Online Contributors
- Program Coordinator
- Grant writing
- Park Corridor Initiative
- Advertising Coordinator
- Other _____

Soccer Program:

- Coaches Coordinator
- Team Coaches & Assistants
- Uniform Coordinator
- Equipment Coordinator
- Referee Coordinator
- BBQ Coordinator
- Other _____



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#4 Yamnuska Hall, 3500 - 24 Avenue NW, Calgary

Contact us for an appointment at:

westcampusdental.ca

403-282-3380

info@westcampusdental.ca

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Joel **semmens** & associates



RE/MAX
REAL ESTATE (CENTRAL)



Brookfield
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The Capella

A work-life balance where the University District has taken the world's brightest ideas in Urban Living, and delivered the ultimate luxury style condominium. Luxury units are still available, contact us to book your private tour.

REAL ESTATE TODAY...Did you know that 2021 was a record year for home sales in Calgary? The surging real estate market has continued right into January. Increased home prices are being driven by record low inventory levels and very strong buyer demand. If you are considering selling, please contact our team directly at **403.283.4700**.



THE DISCOVERY CENTRE

4410 University Ave NW

Contact us at **403.283.4700** to book your appointment with the sales team today!



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Designed with community in mind, the area features a 12km pathway system, multiple parks & skating rink.

